

# School Sports Newsletter - Autumn 2021

### **Schools Sports Competitions Return!**

It's been almost 2 years now since the prime minister uttered the words "You must stay at home" on national television bringing everything we knew as a normal day at school to an abrupt halt. Although restrictions and guidelines are still in place, we are delighted to be getting back to some level of normality at school with PE and sport. The mini-bus has been back on the road taking children from all year groups to different competitions and inclusive festivals across Derby City. The competition calendar is packed with the best of the old and lots of new and engaging activities for our children to access. Lunchtime clubs and after school clubs have resumed and the children final have the chance to use and engage with the new additions to our play-ground courtesy of 'Play Innovate' who installed a mixture of interactive wall games and new pitch lines for everyone to enjoy!

We look forward to sharing with parents and the local community the fruits of our children's success moving forward in to a healthier, more active future.





## NETBALL Year 5/6 Team Heading to County Finals

Roe Farm have advanced to the 'Derbyshire Schools County Finals' after a spectacular performance in the City tournament back in November.

The Year 5/6 squad has been training regularly after school since the new term began and it has definitely paid off. The team cruised to the final without conceding a goal. Although they were edged to a single goal defeat in the final, Mrs Claxton was delighted with how the team carried themselves in both victory and defeat. Both finalists are heading to the County finals later next year.

Netball is now a popular playtime and dinnertime sport with the children.

"I'm delighted with their attitude on and off the court, they were a credit to the school"

Team leader, Mrs Claxton



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# FANTASTIC FOOTBALL FINALISTS Year 5/6 Football Reach County Finals

The Year 5/6 Football team has been back in action again after a long layoff due to the dreaded Covid-19 Pandemic. The team's first action this year was in a Derby City tournament held at the Moorways Sports Centre earlier in September. The top 2 teams of this tournament



would go on to represent the city in the 'Derbyshire County finals'. After a slender defeat in game one, Roe Farm went on to dominate the group stages of the competition and their form carried them all the way to the final where they lost out in epic battle against 'Silverhill Primary School'.

Fortunately both teams advanced to the County Finals and although they didn't have enough to win this competition we are very proud of the boys for their commitment and the way they conducted themselves in all games. Well done to you all!!

"The children proved that they could play through adversity. It's not easy to face the pressure of a penalty shootout, but they stuck together and kept their cool."

Mr Goodall Team Manager

### A HEALTHY START TO THE DAY BLUEBERRY & BANANA SMOOTHIE

### Ingredients:

75g frozen blueberries 2 small bananas 400 Semi skimmed milk 1 tsp Vanilla extract 2 Ice cubes



#### Method:

Add blueberries and banana to the blender Pour in the milk and add the Vanilla extract Blend for 30 seconds Pour into 2 glasses and enjoy with a parent or another family member

