

Communication and Language

Sing this Nursery Rhyme at home with your child. Why not make a bus using your dining room chairs and use old receipts or bus tickets to pretend role play getting on and off the bus.



The Wheels on the Bus

The wheels on the bus go round and round,
Round and round, round and round,
The wheels on the bus go round and round, All day long.

The horn on the bus goes beep beep beep, Beep beep beep, beep beep beep,
The horn on the bus goes beep beep beep, All day long.

The wipers on the bus go swish swish swish, Swish swish swish, swish swish swish,
The wipers on the bus go swish swish swish, All day long.

The People on the bus go up and down, Up and down, up and down,
The people on the bus go up and down,

All day long.

Expressive Arts

Make a paper plate bird

Now autumn is here there are still lots of lovely birds to see in the garden.



What you need:

Paper plate, paint or coloured pens, paper & scissors
Optional: paint brush, googly-eyes or buttons, pipe cleaners, coloured feathers

What to do:

- Remind your child how to use scissors safely and how to stick what they have cut out onto paper.
- Explain that they are going to make a bird model. Discuss the different parts of the bird they will need to include (*eyes, beak, wings, feet, etc.*) and what colours they might use.
- Paint or colour the paper plate and cut out from paper and stick on different features talking about the shapes and colours.
- You could also make some of the features by fixing on buttons, feathers, etc.

Physical Development / Team work

Keep the Balloon off the floor game

What you need - a balloon

What to do:

- Blow up a balloon. Throw it into the air and challenge everyone to keep it from touching the floor.



This can go on for a long time!

Personal Social and Emotional Development

Make your own Breakfast

What you need:

Breakfast food, Jugs, bowls and spoons for decanting, Cutlery and crockery

What to do:

- Talk about hand hygiene, getting everything ready first and the best order to carry out each task.
- Reduce risks of spilling and wastage by decanting milk into a small jug, cereal into a smaller container and jam or spread can be spooned onto a plate –*this will need some patience and lots of praise.*
- Consider which tasks will always need adult input (toasting bread) and which can be increasingly left to your child as they become more confident (pouring cereal from a box).

Example breakfast tasks:

Laying the table, spreading butter and jam on toast, Pouring cereal and then milk into a bowl, breaking eggs and mixing batter for pancakes and clearing up after eating.