



Nursery Snack Plan 2022 – Autumn 1

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6/7
What I will eat/drink	<p>Apple and orange</p> <p>School Fruit/Milk/Water</p> <p>Coconut</p>	<p>Pomegranate & figs</p> <p>School Fruit/Milk/Water</p> <p>Cheddar cracker</p>	<p>Multigrain Hoops</p> <p>School Fruit/Milk/Water</p> <p>Breadstick</p>	<p>Toast and butter</p> <p>School Fruit/Milk/Water</p> <p>Dried Apricot</p>	<p>Rice cake</p> <p>School Fruit/Milk/Water</p> <p>Custard</p>	<p>Toast and beans</p> <p>School Fruit/Milk/Water</p> <p>Yoghurt</p>
Key words	<p>Snap, crunch, smell, taste, look, round, hard, shell, flesh</p>	<p>Sweet, tasty, pink, red, watch, wait, taste</p>	<p>Pour, spoonful, munch, snap</p>	<p>Spread, bite, chew, knife, being safe, soft, dry, sticky</p>	<p>Round, snap, smell, powder, crunch, pour, spoonful, thick, rich, creamy</p>	<p>Hot, melts, soft, warm, skin, cutlery</p>
Key Questions	<p>What does it taste/smell like? Have you tried.... before? How do we know these fruit grow on trees?</p>	<p>Can you see the seeds inside? How can we get them out? Do you like the sweet taste?</p>	<p>Can you pour the milk into your bowl over your hoops? What shape are the hoops?</p>	<p>Can you spread the butter on your toast? What happens when the cold butter is spread on to the hot toast?</p>	<p>What do we do if our food is hot? Can you pour your custard? Can you check if it is hot or cold safely?</p>	<p>Can you remember how to spread the butter evenly? Can you put 3 spoonful's of beans on to your toast?</p>