



School Sports Newsletter - Spring 2022

DERBY CITY FESTIVAL OF DANCE!

It's that time of year again where all of the Derby City Schools dance enthusiasts get to show case their talents on the big stage at the River side Complex. Historically, this event has become one of the most popular on the event calendar and this years competition was nothing different. Roe Farms Mrs Claxton, was back on the case supported by Mrs Hodges both who were tasked with putting together a mixed group of boys and girls to compete. To be a part of this the children are required to put in a tremendous amount of practice, giving up their own playtimes and dinner times to practice the routines as well as after school clubs. This years group, by all accounts, have been tremendous. The theme this year was left open to the schools to decide and Mrs Claxton went down the route of delivering a message to the audience about how change can only come from within to face the problems we face in todays world. With backing music from the legendary Michael Jackson the group put together a dance that tackled issues such as racism, bullying and climate change among other things. The children performed once again in front of a capacity audience that actually pay to attend the event. Everyone was a credit to the school and Roe Farms entry was a popular one judging by the reaction of the events crowd. CONGRATULATIONS! To this years Dance team!



TAG RUGBY:WINNERS OF DERBY CITY SCHOOLS FESTIVAL

One of the schools flagship sports, Tag Rugby, has for the first time in the clubs history won the Derby City Schools Tag Rugby festival. The boys and girls from year 5/6 are a very committed bunch since playing for the tag rugby team is a year round commitment. The school has always been extremely competition in league and festival play often losing out to local rivals Cavendish Close or Breadsall Village, however this year, Roe Farm were crowned champs after an undefeated afternoon at Derby Rugby club. 7 Wins and 0 losses on the day with the final victory coming over Cavendish Close with a last minute heroic try from Roe Farms Diesel Burton. Diesel wasn't the only hero of the day, the entire team played a vital role in the teams success. " We've seen some great individual moments with this team but more pleasing to us this year, is the way this team has bonded as a group and trusts each other to get the job done as a team" Mr Woodhouse commented on the teams success. However, the competition continues for this team. With many games left still to play in league competition and a very good chance of claiming this title as well, there is still a lot to work towards for this group. More up dates to follow next term.





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BASKETBALL BRILLIANCE

Year 5/6 have been busy over the Spring term with most of the DCCT calendar events being geared towards key stage 2. Basketball has been another feature of Spring 2. This years team again has put in work in much of their free time as well as joining after school clubs. Basketball is becoming increasingly popular across the country and with this comes a better level of competition. This was certainly the case at this years event held at Noel Baker Academy. After 4 extremely close fought out games, Roe Farm managed to finish the event with 3 wins and only a single loss. Only the top two teams would advance to the county finals and amazingly Roe Farm finished second to Oakwood meaning they would join them as winners at this years County Finals held at Alfreton Leisure Centre later in the year. It's here where Derbyshire's county champion is crowned. The standard of competition at the finals was a little too much for our young Roe Farm Side, with a lot of the other schools from around Derbyshire boasting players who play full time out of school. But the children had a great experience in a competition we have never made the county finals in previously. So their names will forever be in the history books of Roe Farm Sporting achievement.



A HEALTHY EVENING MEAL TO TRY

SIMPLE CHICKEN WITH COUSCOUS AND PEAS

Ingredients:

- * 50 G of plain Couscous
- * 85 G Chopped chicken breast (Adult to cook)
- * 40 G Frozen peas
- * 4 Cherry tomatoes
- * Dash of lemon juice

Put couscous into a bowl with frozen peas, cover with boiling water and leave for 15 minutes. Politely ask an adult to cook the chicken through for you. Once done chop chicken along with the cherry tomatoes. Add all ingredients to the bowl of couscous and peas and mix together. Drizzle lemon juice over the top, mix again. Your all done. Enjoy the meal with a glass of juice or water.

